

CARERS' STRATEGY DELIVERY PLAN UPDATE

Cabinet Member(s)	Cllr Jane Palmer Cllr Susan O'Brien
Cabinet Portfolio(s)	Health and Social Care Children, Families & Education
Officer Contact(s)	Gary Collier – Adult Services and Health
Papers with report	Appendix 1: Summary of Carers' Strategy Governance Arrangements Appendix 2: Draft 2022/23 Carers' Strategy Delivery Plan

HEADLINES

Summary	This report provides Cabinet with an update on progress with implementing the 2021/22 Carers' Strategy Delivery Plan. Cabinet is also asked to approve the delivery plan for 2022/23.
Putting our Residents First	<p>This report supports the following Council objectives of: <i>Our People</i>.</p> <p>It also contributes to the delivery of priority 2: <i>Tackling unfair and avoidable inequalities in health and in access to and experience of services</i>, of the 2022-2025 Joint Health and Wellbeing Strategy.</p> <p>A carers' strategy and supporting delivery plan contributes to the implementation of the Council's responsibilities for supporting Adult Carers introduced under the Care Act, 2014 and Young Carers e.g., carers under the age of 18, contained within the Children Act, 1989.</p>
Financial Cost	The 2021/22 delivery plan and proposed 2022/23 delivery plan do not have any direct financial implications. There is an existing contract with Carers' Trust Hillingdon to deliver universal services, with an approved budget of £659k. An additional £143k for respite and other carer support services is included within the Better Care Fund 22/23.
Relevant Select Committee	Health and Social Care Children, Families & Education
Relevant Ward(s)	All

RECOMMENDATIONS

That Cabinet:

- 1. Notes progress against the Carers' Strategy delivery plan activity for 2021-22 and the work that the Council and its partners does to support those with caring responsibilities in the Borough.**
- 2. Approves the 2022/23 Delivery Plan.**

Reasons for recommendation

- 2021/22 Delivery Plan update:* At its November 2015 meeting, Cabinet requested an annual review and update on the implementation of the Carers' Strategy and associated Delivery Plan. Cabinet approved the 2021/22 delivery plan at its June 2021 meeting.
- 2022/23 Delivery Plan:* The draft delivery plan suggests the focus for how Council and partner resources will be used to meet the needs of carers during 2022/23. The recommendation provides Cabinet with the opportunity to amend the 2022/23 priorities should it wish to do so. Cabinet is advised that a new Joint Carers' Strategy is in development. Cabinet will be asked to approve the new strategy and delivery plan that will include the period to 2026 in Q4.
- The development and implementation of a carers' strategy helps the Council to meet its duties under section 4 of the Care Act 2014 to provide information and support to Adult Carers and their families and section 17ZA of the Children Act, 1989 in respect of Young Carers.

Alternative options considered / risk management

- 2021/22 Delivery Plan update:* No alternative options were considered as Cabinet has requested an annual update report.
- 2022/23 Draft Delivery Plan:* Cabinet could reject the proposed delivery plan priorities and/or instruct officers and ask partners to consider others.

Select Committee comments

- The Health & Social Care Select Committee met on 22 June 2022 and considered a draft of this report to Cabinet. The Committee has made the following comments to Cabinet:

'Having reviewed the Carers' Strategy Update report, as well as it including the views of carers, Members of the Health and Social Care Select Committee look forward to being able to have an input into the proposed new strategy. Furthermore, with regard to the contract specification review that is currently underway, Members of the Select Committee ask that consideration be given to including information about how the performance of the successful tenderer can be communicated to the Committee to demonstrate that those who receive funds are doing a good job.'

SUPPORTING INFORMATION

Strategic Context

7. Carers say that supporting someone to live an independent life at home, in the community they know, can be very rewarding. However, the cost to carers in terms of their own health, financial situation, employment position and independence can be considerable. In Hillingdon we want to enable our residents to recognise and identify their role as a carer, so they know where to access the right support.

Who can be a carer?

8. There are two statutory definitions of who is a carer, and these are as follows:

- *Young Carer:* The Children Act, 1989 defines this term as being someone under 18 who helps to look after another person but not under a contract or scheduled voluntary work.
- *Adult Carer:* The Care Act, 2014 defines this as an adult, i.e., a person aged 18 or over, who is providing care and/or support for another adult for free but not under a contract or scheduled voluntary work.

9. The Children Act places a duty on the Council to undertake an assessment where it appears that a young carer may have support needs. The Council is required to consider how needs identified from an assessment should be met.

10. The Care Act creates a statutory right to a carer's assessment for an adult carer and the Council may have an obligation to assist them even if the person they are caring for does not satisfy the national eligibility criteria. This would be subject to them satisfying the national eligibility criteria for carers. Where the cared for person is eligible for social care assistance from the Council then the support needs of the carer would generally be considered as part of an overall package of care to address their collective needs.

About Carers in Hillingdon

11. There are only two sources of information about the numbers of carers in Hillingdon pending the publication of the 2021 census and these are:

- *The 2011 census:* This showed that in 2011 there were 25,000 people who self-identified as carers. The passage of time means that data from the 2011 census can no longer be relied on to draw meaningful conclusions that can apply to the needs of carers now.
- *The Carer Register:* The Carer Register was established by Carers' Trust Hillingdon and is maintained by them. Registration by carers is entirely voluntary but is a key route by which information can be targeted by Carers' Trust. As of 31st March 2022, there were 970 Young Carers and 4,241 Adult Carers registered.

12. Data from the National Carers' Survey undertaken in November 2021 will provide qualitative information about carers already known to the Council who completed the survey. This survey

was commissioned by the Department of Health and Social Care and the Care Quality Commission (CQC) and the data sample and collection methodology are determined nationally. 677 of Hillingdon’s adult carers were sent a survey questionnaire. The results of the survey will be published in June 2022.

13. The main offer of support to young and adult carers in the borough comes through the Carer Support Service contract between the Council and Carers’ Trust Hillingdon (CTH), which is the lead organisation for the Hillingdon Carers’ Partnership. The latter is a consortium of local third sector organisations that has been created to support carers in the borough. In addition to Carers’ Trust, the consortium includes the Alzheimer’s Society, Harlington Hospice (including their homecare arm called Harlington Care) and Hillingdon Mind. Cabinet may be interested to note that the funding for this service, i.e., £659k, is included in the Better Care Fund (BCF). The multi-agency Carers’ Strategy Group (CSG), which is chaired by the Council, has responsibility for overseeing the development and delivery of the Joint Carers Strategy. The diagram below summarises the partners involved in supporting carers. Membership of the CSG during the review period also included Cllr Haggard in her capacity as the then Council’s Carers’ Champion. **Appendix 1** illustrates how the CSG fits into the broader governance of Hillingdon health and care system.

Partners Supporting Carers



Key
 CNWL = Central and North West London NHS Foundation Trust
 NWL ICS = North West London Integrated Care System

14. References to the ‘*review period*’ in this report means the period from the 1st April 2021 to the 31st March 2022 unless otherwise stated.

2021-22 Delivery Plan Update: Challenges and Achievements

15. This part of the report updates Cabinet on the delivery of the 2021/22 Carers’ Strategy Delivery Plan. Cabinet will be aware that implementation of the 2021/22 delivery plan was within the context of the second year of the Covid-19 pandemic. Some of the challenges that this has presented include:

- People having to undertake caring responsibilities unexpectedly but not recognising themselves as carers.
- The reluctance of carers to take up short break opportunities over infection prevention and control concerns.
- Limited availability of some short break options during covid-related restrictions.
- Mental health implications of caring during covid-related restrictions, i.e., coping with the pressures of being a carer.
- Managing the financial implications of being a carer.

16. The agreed actions for 2021/22 shown below are aligned to the principles for supporting carers set out in the 2018 to 2021 strategy.

Principle 1: We will support the identification, recognition and registration of Carers in primary care.

17. **Re-establish Carer leads in all GP surgeries.** *Deferred:* Prior to the pandemic work between Carers Trust and the GP Confederation had resulted in carer leads (please see below) being established in all 45 of Hillingdon's GP practices. By the end of 2021/22 this had reduced to 27 and prioritisation of the vaccination programme has resulted in this action being deferred to 2022/23.

18. **Explore with Carer Leads in GP practices how to identify and support Carers who may be reluctant to attend practices.** *Deferred:* Another impact of the pandemic has been to reduce the number of people attending practices, which has meant that this action has had less relevance in 2021/22. The issue concerning identification of carers in practices has been deferred to 2022/23.

19. **Ensure all practices have current and detailed information about support for carers in Hillingdon.** *Partially delivered:* A new updated information pack for Primary Care was created by Carers' Trust and distributed in May 2021, although practices were not properly open. This fact and the focus of practices on other priorities meant that the packs did not have the intended impact. Consequently, and also taking into consideration the practices' focus on the vaccine programme, distribution of further information packs in Q4 was delayed and will be considered for 2022/23.

Carer Leads in GP Surgeries: The Role Explained

Key tasks include:

- Proactively identifying and supporting Carers, many of whom do not see themselves as Carers;
- Ensuring that a surgery Carer Register is maintained and updated regularly;
- Ensuring the practice provides active signposting to the Hillingdon Carers Partnership;
- Ensuring that standardised packs of information for Carers are available within the waiting room;
- Feeding into the Confederation and its partners, e.g., Hillingdon Carers Partnership and the CCG, any gaps in provision or requirements to help practices to support Carers further;
- Working with colleagues in the practice to provide enhanced access and flexibility of appointments for Carers;
- Considering how else the practice might facilitate improved carer-health – monthly Carer Health checks for example;
- Attending any training/information sessions that relate to the support of Carers within General Practice.

Principle 2: Carers will have their support needs assessed and will receive an integrated package of support in order to maintain and/or improve their physical and mental health.

20. Review the process for assessing the needs of Young Carers and mechanism for recording the outcome of assessments. *Completed:* The assessment process is through the early help assessment (EHA), which serves as the referral form for all children with an additional need. Assessments are submitted via the Safeguarding Families portal and triaged by the Stronger Families Hub.

21. Review with partners the pathway for addressing the needs of Young Carers. *Completed:* A Schools Liaison Officer post has been established that links in with the Carers' Trust.

Principle 3: Carers will be empowered to make choices about their caring role and access appropriate services and support for them and the person they look after.

22. Face to face service provision will be restored following lifting of Covid restrictions. *Completed:* The majority of services delivered by Hillingdon Carers' Partnership organisations had restored face to face provision by the end of March 2022. However, some provision continues to be available online at the request of carers.

23. A guide for people who suddenly became Carers will be developed. *Completed:* This was co-produced between the Council and Carers' Trust. The latter consulted with carers in its

production. The *Are you a carer?* leaflet was finally approved in April 2022 and is on the Council's website. It can be accessed via the following link [Am I a carer? - Hillingdon Council](#)

24. Cabinet will see that the underlying message in the leaflet is to contact Carers' Trust as Hillingdon's one stop shop for carers and a key route for information, advice and support.

Principle 4: Staff will be aware of the needs of Carers and of their value to our communities.

25. **All new staff starting with Hillingdon Health and Care Partners (HHCP) undergo an hour's introductory training about the role of Carers in supporting the health and care system and the importance of identifying them and addressing their needs.** *Completed:* Since February 2022 carer awareness training has been included within wider training about the role of H4All. This is now a business as usual activity.

More About HHCP

HHCP is an alliance of local, mainly NHS, organisations that includes The Confederation of Hillingdon-based GP practices, the Central and North West London NHS Foundation Trust, The Hillingdon Hospitals NHS Foundation Trust and H4All. HHCP's main objective is to improve the health and wellbeing of Hillingdon's residents and their experience of care through improved coordination and integration of services and earlier intervention to prevent crises.

About H4All

H4All is a local consortium that is also a registered community interest company and comprises of Age UK Hillingdon, Carers' Trust Hillingdon, the Disablement Association Hillingdon (Dash) and Harlington Hospice. The consortium provides opportunities for improving efficiencies across the four organisations by sharing resources in key areas, such as financial systems, HR advice, activity reporting.

Principle 6: Carers will be respected and listened to as expert care partners and will be actively involved in care planning, shared decision-making and reviewing services.

26. **Review the role of the Carers' Strategy Group.** *Completed:* Membership of the group has been expanded to include representatives from health partners, i.e., the GP Confederation, community health and community mental health, Hillingdon Hospital and North West London Clinical Commissioning Group.

27. **Two Carer representatives will be recruited to the Carers Strategy Group.** *Partially completed:* Carer representation on the Carers Strategy Group (CSG) is important to ensure that discussions and decisions reflect lived experience. One carer representative has been identified to be a part of the CSG and has attended one meeting. However, securing other representatives has proved a challenge to deliver as the roles require people who are able to take a more strategic view, i.e., think of their own experiences and how they may reflect those of the wider carer population.

28. **Coordinate Carer engagement activity via regular Carer Forums.** *Completed:* Forum meetings were held in October 2021 and March 2022. The October meeting was virtual and was joined by 42 carers. In March 2022 there was a face-to-face meeting attended by 20 carers and a further 10 carers on the online meeting. Issues raised from the carer forums feed into the CSG meetings and help to inform delivery plan priorities.

Principle 7: The support needs of Carers who are more vulnerable or at key transition points will be identified early.

29. **The process for identifying and recording Carers with multiple caring responsibilities within Adult Social Care will be refined.** *Completed:* A monthly performance report that identifies people with multiple caring relationships and the level of formal support they are in receipt of is now in place. The intention is to establish an auto-generated report, but this will be an action for 2022/23.

30. **The following issues will be monitored as Covid restrictions are lifted:**

- **People experiencing mental illness**
- **Management of death and bereavement**
- **Identification of safeguarding issues**

31. Carers Trust Hillingdon (CTH) Trustees invested reserves into a new part time Health and Wellbeing (HWB) post to coordinate this activity and develop their end of life and bereavement offer.

32. Partner achievements during the review period that are in addition to the specific actions within the 2021/22 delivery plan are highlighted below for Cabinet's consideration.

Council Achievements

33. **Carers Assessments:** There were 897 carers' assessments undertaken in 2021/22, which includes 299 triage assessments completed by Carers' Trust. This compares to 995 assessments in 2020/21 and 249 triage assessments undertaken by Carers' Trust. Triage assessments are much shorter than the full assessment and are used by Carers' Trust to help a carer identify whether they are likely to receive support from the Council, which would only be obtainable following a full assessment. In 2021/22 Carers' Trust referred 28 carers to the Council for a full assessment.

34. Carers are routinely identified by Adult Social Care through the Care Act assessment of need process and a carer assessment offered. Our experience, however, is that many carers decline the offer, which helps to explain the reduction in assessments in 2021/22 compared to the previous year. For example, in a one month snapshot out of the 258 households identified as having someone who was a carer, 79% (204) declined to have an assessment. The reasons given for declining an assessment include people who consider that the assessed care package for the person they are caring for sufficiently addresses their needs; people not identifying themselves as carers and those who feel that the services available through Carers' Trust meets their needs.

35. It is important that Cabinet is aware that carers who do not wish to go through the carer assessment process may still access the universal services provided under the Carer Support Service contract previously mentioned. This is also the case with carers assessed as not meeting the national eligibility criteria for carers.

36. **Respite and other Carer-related service provision:** During 2021/22 208 Carers were provided with respite or another carer service at a cost of £2,059k. This compares to 201 Carers being supported at a cost of £1,916k during 2020/21 and 196 carers being supported at a cost of £2,002k during 2019/20. This includes bed-based respite and home-based replacement care as well as voluntary sector provided services and those directly purchased via Direct Payments. The cost of services to meet needs identified as a result of a Care Act assessment of the cared for person that benefit the carer are not included as it is not possible to apportion the costs on the Council's case management IT system.

39. Cabinet may also wish to note that 2021/22 has seen an increase in the number of carers receiving Direct Payments in their own right from 103 to 133.

More About Direct Payments

With Direct Payments the Council's financial contribution to meeting assessed social care needs is paid directly to the eligible person either in the form of a pre-paid card or directly into a bank account. This gives the eligible person more flexibility and control to directly employ their own care workers or a personal assistant who will, for example:

- Be the same person and be available when required.
- Speak the same language.
- Have an understanding of cultural and/or religious needs.

Hillingdon Carers' Partnership Achievements

37. **Responding to demand for emotional support:** Demand on Mind's support services increased by 45% during the review period, which has led to more psychotherapy and peer support groups being established. 124 carers accessed the counselling service in 2021/22 and 96 received intensive support from Mind's Family Support Service. 145 carers continue to receive weekly support calls from trained volunteers.

38. **Breaks from caring:** During the review period 3,109 breaks were provided to adult carers through a combination of arts and cultural activities, learning workshops, carer cafés, peer support groups and actual replacement care delivered by Harlington Care. 1,622 breaks were provided to support young carers and included arts and crafts activities, development workshops, e.g., employability, school holiday activity programmes, residential weekends and whole family trips. Some activities, such as fitness session, were run online when restrictions on mixing households were in place.

39. **Improving income for Carers:** £1,052k was secured in carer-related benefits to improve the household incomes of carers in Hillingdon during the review period.

40. **Additional income:** Approximately £213k in additional income was raised during the review period to provide extra activities and events for carers. This includes £60k from the Triangle Trust for a schools' support programme and £148k from Carers' Trust UK to develop a supported transition service operating across Hillingdon and Harrow for carers aged 16 to 25.

CNWL Community Adult Mental Health Service Achievements

41. **Carers have continued to access to the Recovery and Wellbeing College courses delivered by CNWL:** The term time programme is available on CNWL's website and is regularly advertised through local carer groups and Carers' Trust Hillingdon who are provided with timely updates by CNWL.

42. **Triangle of Care continues to be established within Hillingdon mental health services:** Carers' champions are now in all community and acute teams in Hillingdon mental health services. Co-produced training on carers needs has been provided to staff. CNWL has achieved stage 1 of the accreditation process from the National Carers' Trust.

Triangle of Care Expanded

There are six standards to the Triangle of Care, and these are:

1. Carers and the essential role they play are identified at first contact or as soon as possible thereafter.
2. Staff are '*carer aware*' and trained in carer engagement strategies.
3. Policy and practice protocols re: confidentiality and sharing information, are in place.
4. Defined post(s) responsible for carers are in place, e.g., carers' leads or champions.
5. A carer introduction to the service and staff is available, with a relevant range of information across the care pathway, e.g., an introductory letter from the team or ward explaining the nature of the service provided and who to contact.
6. A range of carer support services is available.

43. **Carers are a part of the involvement work in Hillingdon mental health supporting the transformation and quality of services:** Carers attend the bi-monthly involvement group, and it is co-chaired by a carer. Carers have been involved in co-production activities related to transformation including developing a public questionnaire, developing information materials and a website. The service manager for the community and primary care meets with a local carers' group to consult and update them on a regular basis.

Current Performance Information

44. The only national comparative data that would allow Cabinet to see Hillingdon's performance in supporting carers in context is the results of the National Carer Survey referred to in paragraph 12.

New Joint Carers' Strategy and 2022/23 Delivery Plan

45. The new strategy will detail how the Council; the NHS and the voluntary sector will work together to improve support for all unpaid carers who live – or provide care for someone who lives – in the borough. The new strategy will replace the 2018 – 2021 Joint Carers' Strategy and will be informed, as suggested in paragraphs 11 and 12, by the data from the 2021 census and the National Carers' Survey, which are awaited. In the meantime, consultation is in progress on the proposed vision for carers, the supporting principles, intended outcomes and key metrics. The Health and Social Care Select Committee has been included in the consultation process.

46. The priorities for supporting carers in 2022/23 have been aligned to the draft outcomes in the new strategy. The draft outcomes are shown below, and the proposed 2022/23 delivery plan is attached as **Appendix 2**.

Carers Strategy Proposed Outcomes

- **Outcome 1:** The physical and mental health and wellbeing of carers of all ages is supported.
- **Outcome 2:** The financial impact of being a carer is minimised.
- **Outcome 3:** Carers are identified, recognised and able to make a positive contribution.
- **Outcome 4:** Carers have a life alongside caring.
- **Outcome 5:** Carers have access to quality information and advice at any point in their caring journey and know where to find this.
- **Outcome 6:** Carers have the skills they need for safe caring.
- **Outcome 7:** Young carers are supported from inappropriate caring and provided with the support they need to learn, develop and thrive and enjoy being a young person.

Financial Implications

47. This report does not have any direct financial implications. Many aspects of the Carers' Strategy will be delivered through, and costs contained within, the existing Carer Support Services contract with Carers' Trust Hillingdon as lead organisation for the Hillingdon Carers' Partnership to deliver universal services. The approved budget for 2022-23 is £658,700.

48. There is expected to be an additional contribution from North West London Integrated Care Board (NWLICB) of £143,000 towards the cost of services to support carers as part of the minimum contribution to protecting social care within the Better Care Fund (BCF). The detailed financial arrangements for the 2022/23 BCF plan are currently under discussion between the Council and partners pending the publication of the planning requirements by NHSE. Cabinet will, in due course, be asked to approve the section 75 (NHS ACT, 2006) agreement that will give legal effect to the financial and partnership arrangements within the BCF plan. This cannot happen until Hillingdon's plan has been approved by NHSE.

RESIDENT BENEFIT & CONSULTATION

The benefit or impact upon Hillingdon residents, service users and communities?

49. The 2021/22 Carers Strategy Delivery Plan, the proposed updated strategy structure and draft delivery plan for 2022/23 demonstrate to residents and carers in Hillingdon the shared commitment to supporting carers across the Council, the NWL Integrated Care Board and other partners - and the shared accountability to improving services for carers.

Consultation carried out or required

50. Carers' Trust Hillingdon and Hillingdon Health and Care Partners have been consulted on the content of this report. Consultation on the content of the draft strategy will be undertaken in Q3.

CORPORATE CONSIDERATIONS

Corporate Finance

51. Corporate Finance has reviewed this report and confirms that there are no direct financial implications associated with the recommendations within this report.

Legal

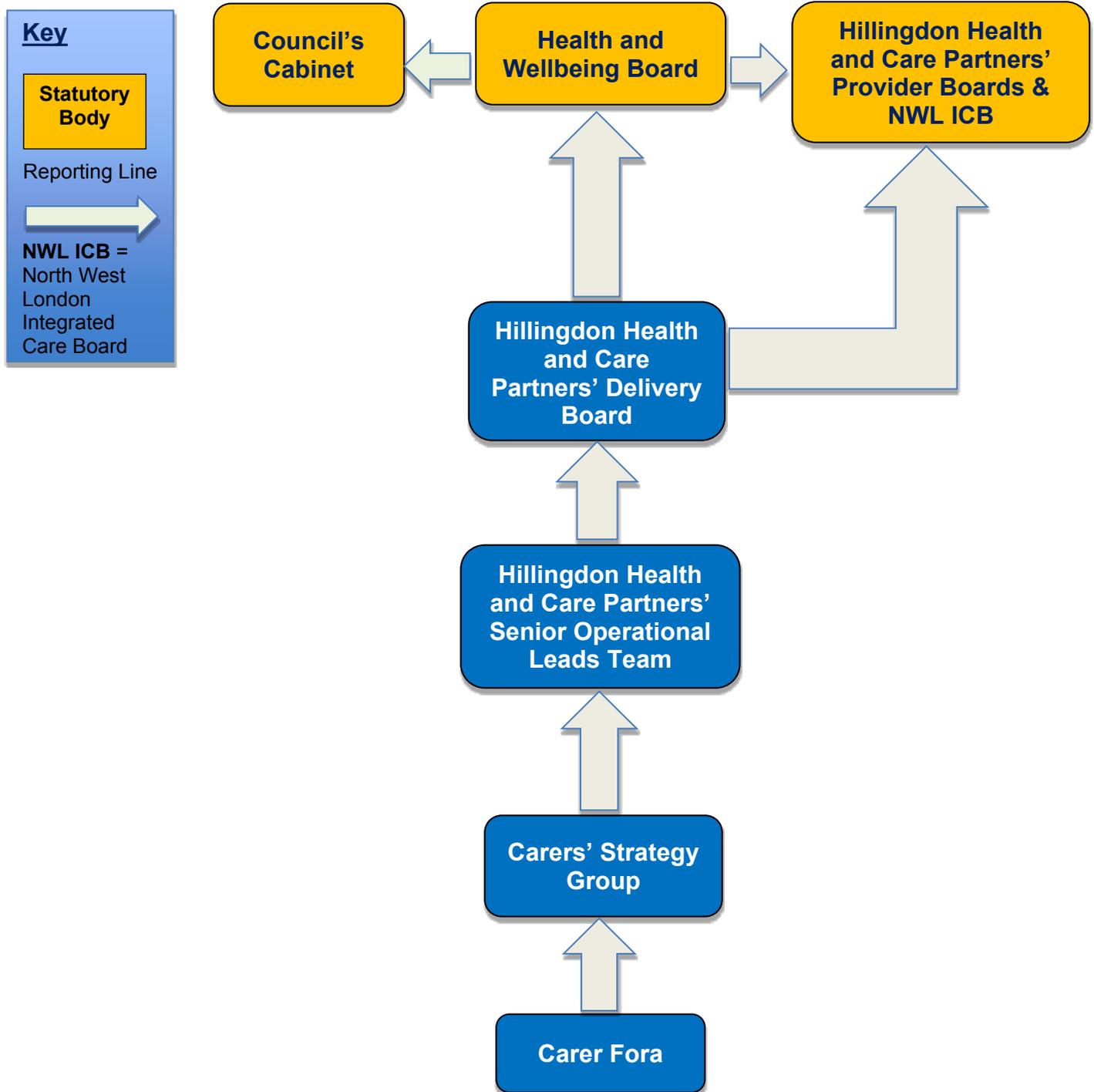
52. There are no legal implications arising from the recommendations set out within this report.

BACKGROUND PAPERS

2018 – 2021 Joint Carers' Strategy.

2022 – 2025 Joint Health and Wellbeing Strategy.

Appendix 1 - Summary of Carers' Strategy Governance Arrangements



Appendix 2 - Carers Strategy Delivery Plan 2022/23

Key

CNWL: Central and North West London NHS Foundation Trust

CTH: Carers' Trust Hillingdon

LBH: London Borough of Hillingdon

THH: The Hillingdon Hospitals NHS Foundation Trust

Outcome: The physical and mental health and wellbeing of carers of all ages is supported.

	Activity	Lead Organisation
1.	Refresh the Joint Carers Strategy for Hillingdon.	LBH
2.	Refresh the Memorandum of Understanding on an integrated approach to identifying and assessing carer need in Hillingdon.	LBH
3.	Develop the range of bereavement cafés and post-bereavement support available to carers.	CTH
4.	Ensure that carers have access to the Recovery and Wellbeing College courses delivered by CNWL.	CNWL

Outcome: Carers are identified, recognised and able to make a positive contribution.

	Activity	Lead Organisation
5.	Re-establish carer leads in six additional GP practices.	CTH/The Confederation

6.	Subject to permission to share information, undertake comparison of carers on GP registers with those on carers' register developed by the Carer Support Service to identify gaps in support.	CTH/The Confederation
7.	Establish a baseline profile of carers currently supported, i.e., age, gender, ethnicity and location in the borough to map against the health and wellbeing needs of Hillingdon's population.	LBH/CTH
8.	Finalise the 'Are you a carer?' information leaflet.	LBH
9.	Establish auto-generated reporting of carers with multiple caring responsibilities.	LBH
10.	Review the role of the Carer Fora.	LBH/CTH
11.	The Triangle of Care continues to be established in Hillingdon mental health services.	CNWL
12.	Carers are a part of the involvement work in Hillingdon mental health services to support the transformation of services.	CNWL
13.	Ensure that the Cerner electronic patient record (EPR) system is developed so that asking if a patient has a carer or is a carer is a mandatory aspect of assessment and triggers appropriate care planning (if possible and where appropriate)	THH
14.	Establish mechanism to ensure that carers are involved in shared decision making, where appropriate, alongside patients.	THH
15.	Refresh the Hospital's visiting rules, carer passports and promote 'John's campaign' to ensure that carers are involved in care and are able to support patients during a stay.	THH

Outcome: Carers have a life alongside caring.		
	Activity	Lead Organisation
16.	Explore re-launch of the guidance for employers of carers in employment.	LBH

Outcome: Carers have access to quality information and advice at any point in their caring journey and know where to find this.		
	Activity	Lead Organisation
17.	Include information about support for carers on GP practice web pages.	CTH/The Confederation
18.	Ensure that the Patient Advisory and Liaison Service (PALS) has the necessary information and resources to signpost carers and patients with carers to access support.	THH
19.	Ensure that carers have access to information, advice and support about the hospital discharge process and what to expect after discharge.	THH

Outcome: Carers have the skills they need for safe caring.		
	Activity	Lead Organisation
20.	Develop end of life training for carers.	CTH

Outcome: Young carers are supported from inappropriate caring and provided with the support they need to learn, develop and thrive and enjoy being a young person.

	Activity	Lead Organisation
21.	<p>To working alongside a group of schools to:</p> <ul style="list-style-type: none">• Raise awareness and reissue newly designed Schools packs.• Encourage them to complete the national Young Carers in Schools award.• Develop their own young carer support provision.• Provide support sessions in school for the most disadvantaged YCs, usually those caring for a parent with mental ill health and/or substance misuse.• Recruit a pool of volunteer mentors to support them to catch up in maths and English.	CTH